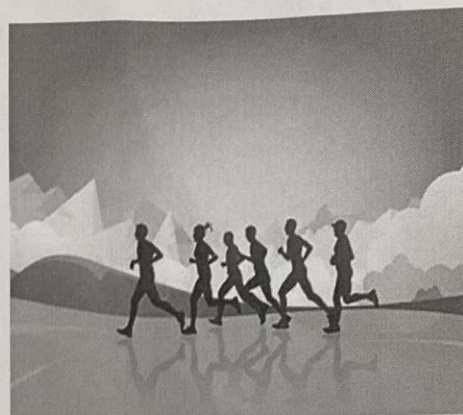


# XC 2023

Here is our schedule for the season. Our practices and meets (thus far) are listed. We will make the call if practice needs to be cancelled due to weather via Flocknotes. We will pass on the information as to where the meets are and times (if we need to leave school early) when we receive them. Please be sure that you are here to take your kids to and from any meets. If you cannot be at a meet, please let us know a week in advance, as we need to give a roster to the team hosting the meet.



September 13<sup>th</sup>: Practice 3:15-4 PM

September 18<sup>th</sup>: Practice 3:15-4 PM

September 20<sup>th</sup>: No Practice

September 25<sup>th</sup>: Practice 3:15-4 PM

September 27<sup>th</sup>: Meet with St. Bernadette's in Northboro (more details to follow)

October 2<sup>nd</sup>: Practice 3:15-4 PM

We need to know if your child is participating in the Meet at Devens (attached) by October 4<sup>th</sup>.

Fees are covered by the school

October 4<sup>th</sup>: Practice 3:15-4 PM

October 11<sup>th</sup>: Practice 3:15-4 PM

October 12<sup>th</sup>: Meet at Our Lady of the Valley (more details to follow)

October 16<sup>th</sup>: Practice 3:15-4 PM

October 23<sup>rd</sup>: Meet with St. Bernadette's at Northboro (more details to follow)

October 25<sup>th</sup>: Last Practice

October 30<sup>th</sup>: Practice for those running in meet at Devens (See attached Sheet)

November 1<sup>st</sup>: Practice for those running in meet at Devens (See attached Sheet)

November 4<sup>th</sup>: Meet at Devens

November 6<sup>th</sup>: No XC

November 8<sup>th</sup>: XC Party 3:15-4 PM Pizza and treats! Please RSVP by 11/1/23